

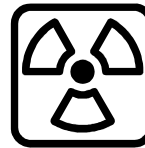


WHAT TO DO IF you hear a loud BLAST....	
	Call out to God! Do NOT LOOK at the flash (it's blinding). In the first 20 seconds, find shelter from the HEAT BLAST that's coming in 5+ min. Read this page OUT LOUD. BIG cities are targets—you MAY have hours in which to find a BETTER shelter before fallout arrives. Do NOT PANIC!
A.	IF YOU ARE AT HOME:
leave?	If your house is ON FIRE or is NOT SAFE, take kids, purse, car keys... & get in your vehicle. Read B (below). If car is disabled, read C.
or stay?	If you STAY HOME—move emergency bag from car to your safe room. If you suspect a bombing, open the first aid kit, paint 1 or 2 tbsp. of iodine on your belly or take KI pills. Try below items, then read D.
OUTSIDE	If power lines are NOT down, PUT ON MASK, then showercap & hat. 1) Smother any small fires with a blanket or spray fire extinguisher. 2) If you have a pool or garden, cover with a tarp & secure with rocks. 3) If you have a rain barrel, unhook from guttering (because of fallout). 4) If you have pets, use food to lure, put in pet carriers & take inside.
INSIDE	1) If you've been outside in fallout, discard clothing & shoes. Rinse. 2) If any windows are open, close them (also close blinds & curtains). 3) If you have gas power, turn it off (a professional must turn it back on). 4) Move books & furniture to floor above safe room (see diagram). 5) If there is a window in the safe room, block it with books & plastic taped up with duct tape (if you have help, do other windows, too) 6) Move SHOES, blankets, pillows, flashlights, water...to safe room. 7) Turn OFF A/C or heat unit (to keep contaminated air out). 8) Turn OFF main water valve (& turn on highest faucet to release air). 9) Unplug appliances (leave 1 lamp on-so you'll know if power returns). 10) If a dryer is in your safe room, put steel wool in the vent (to filter air).
B.	IF YOU ARE IN A MOTOR VEHICLE:
	Drive on roads you know (interstates may close). Head for a concrete structure, overpass or a familiar home or church nearby for shelter.
	Pull off the road & open first aid kit in the emergency bag. Pour 1 tbsp iodine on each child's tummy (2 tbsp on adults) OR take 2 potassium iodide pills immediately. PUT ON mask, showercap & hat. Read D.
C.	IF YOUR MOTOR VEHICLE WON'T RUN:
	Take emergency bag, purse & clothes bag. PUT ON MASK, showercaps & hat. Cover exposed body parts. Paint on 1-2 tbsp. of iodine. Walk or run perpendicular to the wind to ANY solid shelter. The first few minutes is the most crucial time to block heat & gamma rays. Read D.
	Avoid public shelters! They soon become public bathrooms!
D.	HUNKER DOWN somewhere for at LEAST 8 hours! (24 is better) Open the bag & get out the wisk broom, flashlight & radio. If your cell phone still works, call loved ones & tell them where you are. If it doesn't, talk to God! Above all, avoid contact with radioactive fallout particles.

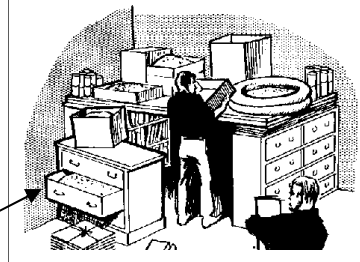


Emergency Preparation for Home & Vehicle

Read the back page for what to do immediately in a disaster.

The inside of this booklet is how to prepare **BEFORE** a nuclear disaster occurs

The first 48 hours after a bomb is detonated is the most crucial time to be protected from radiation—ANY protection is better than none.



But, it's better to prepare in advance a SAFE ROOM & an EMERGENCY BAG



Psalm 91:1

“He that dwelleth in the secret place of the Most High shall abide under the shadow of the Almighty.”

NOTE: Shadrach, Meshach & Abednego (Daniel 3) knew Isaiah 43:2 & FIRE did NOT hurt them. It's a TRUE story & could happen to you—if you don't panic.

A.	PREPARING the HOME (with a 'SAFE ROOM')
1.	SHELTER:
	A basement room or cellar is best. Radiation is blocked by dense material (books, bricks, dirt...). A toilet near the safe room is a must.
	Prepare to STAY in that room WITHOUT ELECTRICITY for at least 48 hours (<i>radiation decays fast</i>). Store wind-up flashlights, games, cards, pillows, blankets & hand fans (<i>for very hot & very cold times</i>), first aid kit & a <u>wind-up</u> short-wave radio. Practice playing 'Survivor' in the dark.
	If your dryer is near the safe room, have steel wool pads handy to put in the vent. Know where the main water valve is (<i>so you can turn it off</i>).
	If there is a window in the safe room, have books or bricks nearby, ready to stack in the opening to block radiation. Glass may break, so have heavy-duty plastic sheets already cut to fit windows & duct tape handy.
	Store lots of toilet paper & plastic garbage bags in the safe room bath.
2.	FOOD STORAGE:
	Crackers, peanut butter (& <i>knife</i>), protein bars, healthy cereals, pickles ready-to-eat can goods, manual can opener, handiwipes & picnicware.
	Dehydrated fruits & veggies. Gummy vitamins are a good investment—but they have a fairly short shelf life (months)—so rotate them often.
	WATER STORAGE:
	Drinking water: store bottled water (<i>drain top inch of water if you freeze it</i>)
	Pool or rain barrel: a small outdoor swimming pool or a rain barrel connected to the guttering can be a life-saver AFTER an event, since fallout particles can be filtered out & the water purified for use.
	Toilet & tank water: a toilet going to a septic tank can be flushed even when the water is turned off—put water drained from the hot water heater into the toilet tank (<i>not the bowl</i>) & flush. (<i>But, just in case it does back up—store a bucket for each person, thick bags & seatpad.</i>)
	SURVIVAL PRODUCTS (<i>only available by mail order</i>):
	Fire Extinguisher Spray www.firstalertstore.com/ Potassium Iodide: buy a RadPak—which includes a radiation monitoring device at: www.nukepills.com or at www.nukalert.com (radiation can destroy your thyroid if it's not dosed with iodine first) Non-electric Water Filter www.aquarain.com www.berkeywater.com
5.	PETS: (<i>Decide & plan NOW</i>) (<i>dab iodine on their ears</i>)
	Cats—store litter, carrier, dry catfood, water dish & sedatives (<i>cats panic</i>).
	Dogs—store poop scooper, water dish, dry food, scizzors (<i>fur traps radiation</i>)
	Chickens—pet carrier, hay, dark blanket (<i>they sleep in darkness</i>) & water

B.	PREPARING the CAR (with an EMERGENCY BAG)
1.	INSULATED BAG (ON WHEELS) containing:
on top:	Several copies of THIS BOOKLET (<i>so each person can have one</i>).
in bag:	FACE & BODY COVERINGS: face-masks, showercaps & hat (<i>put a cloth cap on first, cover with plastic cap, then the hat</i>), eye mask or sunglasses, waterproof gloves, umbrella, raincoats
	Address book in ziplock bag (<i>with map, marker, pens, paper, cards...</i>)
	Baby wipes in sealed packets (<i>to disinfect hands before eating</i>)
	Bible in ziplock bag (<i>put \$ & a credit card inside, family photos, tracts...</i>)
	Cayenne pepper eye spray (<i>for self-defense—it causes no real harm</i>)
	Documents in ziplock (<i>birth certificate copies, insurance, medical, wills</i>)
	Dried foods (<i>fruits, nuts, protein bars, xylitol gum...</i>) (<i>God can multiply it!</i>)
	Drink protein powders in sealed packets (<i>rotate these out quarterly</i>)
	First aid kit (<i>small insulated bag inside or in pocket</i>) on top: Potassium Iodide tablets OR bottled iodine in ziplock bag or sealed cutips soaked in iodine (adults-rub 2 tbsp on skin daily--28 days) peroxide in ziplock bag (<i>kills germs, like tetanus</i>), alcohol ear drops , eyewash , toothache gel , PAIN killers , bandages , antibiotic cream , grapefruit seed extract or silver (<i>to purify water</i>), lots of bandages , emu or lavender oil (<i>for burns</i>), charcoal tablets or digestive enzymes (<i>for diarrhea</i>), candied ginger (<i>for nausea</i>), anti-fungal foot powder , eye cover or patch , first aid instruction booklet , etc...
	Toiletries in ziplock bag: toothbrushes, floss & mouthwash, handiwipes, showercap, shampoo, combs, baking soda (<i>can use for deodorant & toothpaste</i>), hygiene items (<i>OB's</i>), razor, scissors, tweezers, nail clippers, cleansers, small mirror in ziplock bag (<i>in case it breaks</i>)...
	Tools in sidepocket of bag: WISK broom (<i>to sweep off fallout particles</i>), hand trowel/digger in ziplock bag (<i>to dig toilet if necessary</i>), knife , wrench , crowbar (<i>to break window if necessary</i>), wind-up radio , wind-up flashlight , watch , compass , duct tape , rope , garbage bags & twist ties , candles & holders , matches , small hammer ...
	Water bottles (<i>sealed</i>) Store as many as possible IN BOTTOM of bag. (<i>Note: in a crisis, the body shuts down & requires much less water.</i>)
2.	CLOTHES IN BAG UNDER THE SEAT: a lightweight change of clothes (<i>w/underclothes</i>), towel , socks , shoes , inflatable pillow ... This could come in handy often. Keep clothes/shoes seasonal. Having a 'give-away' blanket is helpful in an accident situation, too.
NOTE	Keep your car well-serviced & the gas tank at least 1/2 full . Carry tools. If your home is close to danger , stock supplies in a CAMPER & keep the tank full & ready (<i>have a note ready with intended destinations</i>).

Emergency Preparation for an EMP attack 2016 update—www.empcommission.org/

Isaiah 60:2 “For, behold, the darkness shall cover the earth and gross darkness the people; **but the Lord shall arise upon thee, and His glory shall be seen upon thee.**”

It is likely that an ElectroMagneticPulse (EMP) attack—frying electronic devices—may target only **large cities**. Rural areas & small cities could still, temporarily, have electricity.

EMP FAR AWAY

If you **STILL HAVE electricity** after a blast that causes metals around you to heat up (*cell phones may not work*)

- 1) And, if your car runs (antique cars certainly will), fill your **car GAS tank** & then, if stores are not crowded with hordes of people, buy **non-perishable GROCERIES —TAKE CASH** (*it will be useless soon anyway*)—credit cards may **not work**, when shelves are empty, they **won't** be restocked!
- 2) buy bottled **WATER** & non-electric **water purifiers**, & fill tubs & containers with *water (sanitize swimming pool water with a drop of chlorine)* turn off municipal ('city') water since pipes will soon back up. If your toilets go to a septic tank, they are still flushable if you put water in the toilet tank first
- 3) **DO NOT ENTER BIG CITIES** (*vehicles that DO RUN will be plunder for desperate people whose vehicles WON'T RUN*)
Matthew 24:18 “Neither let him which is in the field return back to take his clothes.”
- 4) if home, make a '**SAFE ROOM**' expect & plan for the **nearest nuclear reactor to overheat** within a few days & release radiation into the atmosphere for up to a week
- 5) **DO NOT waste time talking to people**—unless necessary
- 6) EAT, drink, CAN, DRY, BURY or barbeque **refrigerated products** (electricity will soon be rationed) empty the freezer!

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Emergency Preparation for an EMP attack

2016 update

continued....

- 7) **relinquish your loved ones** to the care of Jesus & His angels. **REFUSE TO FEAR!** *“For thus saith the Lord God, the Holy One of Israel, ‘In returning & rest shall ye be saved; in quietness & in confidence shall be your strength...” Isaiah 30:15*
- 8) when **television broadcasts resume, AVOID watching TV** *(it will be used to find people who have resources & trick them into surrendering what they have for the ‘greater good’)*
- 9) expect ‘Martial Law’ — that means **no traveling**—make your home a fun place to stay & play cards, games...*(for 5 months)*
(Genesis 7:24, Luke 1:24, Revelation 9:5 & 10)
- 10) expect to begin repelling a foreign invasion within 6 months
(it’s easier to conquer hungry people than angry ones)

EMP CLOSE BY

If you **do NOT have electricity** & touch **metal that is SUDDENLY HOT** (keys, pans, tools...) after a burst of energy in the sky, read ‘C’ on the back page.

THEN: 1) **“Set your affections on things above,**
not on things of the earth.” Colossians 3:2

2) **“For unto you it is given** in the behalf of Christ, not only to believe on him, but also **to suffer for His sake.**” Philippians 1:19

3) **“Forasmuch then, as Christ hath suffered for us in the flesh,**
arm yourselves likewise with the same mind:
for he that hath suffered in the flesh hath ceased from sin, that he no longer should **live the rest of his time** in the flesh to the lusts of men, but **to the will of God.**” 1 Peter 4:1-2

4) **“Blessed** is the man that endureth temptation; for when he is tried, **he shall receive the CROWN of life,** which the Lord hath promised to them that love Him.” James 1:12

5) Rejoice! Determine to **exit this life heroically** as a VICTOR!

Emergency Preparation for an EMP attack

2016 update

continued....

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